

# Benedict Seal

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Hard-working graduate (BA Film Studies First-Class Honours) with experience across a range of international online and printed press and radio.

## EXPERIENCE

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### Jan 2016 - present      **Freelance Entertainment Journalist**

- Reviews, essays, international film festival coverage and feature articles on breaking news and current trends.
- Bylines at *Film School Rejects*, *Bloody Disgusting*, *The Digital Fix*, *Vague Visages*, *New on Netflix*, *VODzilla.co* and *Media Magazine*.
- On-air and podcast appearances for *BBC Radio Oxford* and *Super Bailey Bros.* to discuss the film industry.
- Q&A host for the closing night screening of the Oxford Human Rights Festival 2017.
- Guest lecturer for Film and Media Journalism students at Oxford Brookes University.
- Paid freelancing followed five years of running a film blog.
- Portfolio: [benedictseal.com](http://benedictseal.com)

### Jan – Mar 2018      **Film School Rejects Intern**

- Worked remotely on two part-time rotations.
- Editing: Daily copyediting, SEO, ensuring necessary photo rights and providing feedback to writers. Plus, writing weekly op-eds about current issues.
- Writing: Daily news articles re-framing and contextualising trending stories on a tight deadline.

### Jan - Nov 2016      **Critics' Fortnight Film Festival Project Director**

- Created, directed and hosted a two-week film season.
- Invited national critics to introduce a series of screenings – Tim Robey (Telegraph), Catherine Bray (Film4), Mike McCahill (Guardian), Sophie Monks Kaufman (Little White Lies), Dave Calhoun (Time Out) and James Luxford (Radio Times).
- Approached the cinema owner with the idea and led the project throughout development, funding (including a successful application for £900 from the BFI's Film Audience Network), promotion and delivery.
- Hosted audience Q&As.

### Jul - Aug 2016      **The Ultimate Picture Palace (Independent Cinema) Marketing Assistant**

- Led the cinema's marketing in the interim between the outgoing and incoming Marketing and Events Managers.
- Used social media to promote upcoming events and answer questions from followers.
- Responsible for liaising with PR and writing copy for the website, newsletter and programme.

## OTHER ACHIEVEMENTS

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### Jul 2014      **Volunteering.**

- Spent a month teaching English in a Cambodian orphanage and school.

## EDUCATION

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2014 - 2017

**Oxford Brookes University**

**BA Film Studies First-Class Honours (GPA: 4.00)**

- Recipient of the Film Dissertation Prize for my paper titled “Escaping the Frame: Screen-Based Self-Reflexivity in the American Splatter Film *Post-Scream*”.
- Experienced with screenwriting and editing software (Premiere Pro).
- Modules included Film Form and Technical Skills, Film Industry and Film Festivals and Exhibition.

References available on request